

Example Letter to Parents

[Insert School logo]

PROUD TO BE A SMOKEFREE SCHOOL

Dear Parent or Guardian,

[Insert name of School] will be adopting a Smokefree policy. This means you can no longer smoke or vape throughout our school grounds including:

- outside the school gates
- near school crossings
- on our sports fields

This applies to all school events and activities before and after school. Please note: It is not law but is a voluntary code. [Insert name of School] has chosen to take this action for the benefit of our children and parents and carers.

These are the reasons why we have become a Smokefree school:

1. Smoking remains the leading cause of preventable illnesses and avoidable deaths in England and Doncaster.
2. Smoking habits of adults and peers are likely to influence a child's behaviour. Children are less likely to start smoking if they do not see it. Therefore, we would like to minimize children witnessing staff, parents, and carers smoking, where possible.
3. Most smokers start before the age of 18, they regret ever starting and try to quit multiple times.
4. To protect children from harm. Children exposed to secondhand smoke are at much greater risk of cot death, meningitis, lung infections and ear disease. Adults are also put at immediate health risks when exposed to secondhand smoke.
5. 94% of Doncaster residents are supportive of smokefree school gates and school grounds in Doncaster

There is free support available to help you quit smoking through your local smoking cessation service, Yorkshire Smokefree. Text 'ysf' to 80800, call 0800 612 0011 or 0330 660 1166, or complete an online form for a call back via the website:

<https://doncaster.yorkshiresmokfree.nhs.uk>

We would like your support in making [Insert name of School] a Smokefree school and community.

Kind regards,

[Signature]

Head Teacher

**SMOKEFREE
ST>RTS
DONCASTER**

STOPPING SMOKING STARTS HERE